

Mem Natl Inst Polar Res  
Ser E No 33 1980

**MEMOIRS OF NATIONAL INSTITUTE OF POLAR RESEARCH**

(formerly Japanese Antarctic Research Expedition Scientific Reports)

**Series E Biology and Medical Science No 33**

The Influence of Antarctic Environment on Sleep in Man  
Part 1. Environmental Factors and States of Sleep  
Part 2. Autonomic Functions and States of Sleep

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Tokyo Japan July 1980